



September 2024



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Administration Message

Welcome Back Ravens! We hope that you all had a great summer and we're glad to see all of you back at school. To the new students, we want to welcome you to Rosedale Traditional Community School!

Whether you are a new student, or you've been here for several years, we trust that it will be a year filled with excitement and learning! Our staff has done a great job preparing to make your school experience a positive one.

On Tuesday September 3rd, we welcomed 602 Ravens through the doors. In addition to the new students, we have many new staff members joining us this year: Ms. Dedrick will be teaching Grade 7, Mrs. Van Essen will be teaching Grade 4/5, Mrs. Moore, Grade 4/5 (Literacy support for the 2024/25 school year), Mrs. Porro will be in the Library, and Mr. Hammermueller will be our Resource/Inclusion teacher. Additionally, we want to welcome Mrs. Grant as an EA.

We want all families to feel connected to RTCS. We ask that you reach out if you have any questions or concerns about your student's learning or experience. Throughout the year, we strongly encourage families to refer to our website and Facebook page for upcoming events and information. If you are not currently receiving school emails, please reach out to our office to confirm that we have your correct email address. Finally, a gentle reminder to complete the online Technology Acceptable Use Agreement Form that was sent to you through a program called Permission Click.

We are privileged to be a part of an amazing school and community. Together we will pursue our goal to care, engage and inspire our students to be the best they can be.

Mr. Fehlauer & Ms. Charlie,
RTCS Administration.



Parking Lot

We know that parking is at a premium in the morning and at the end of the day. Please make sure you are not parking in the through lanes, bus lanes, or in no parking areas. Our drop-off area is just outside the library. If that is full, please park in the parking lot to avoid unsafe situations and blocking off traffic. Please use the crosswalk and crossing guard when moving back and forth between the parking lot and the school.

Drop Off

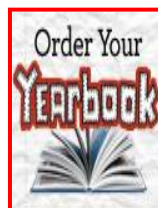
Supervision for students begins at 7:30 a.m. Please do not drop off your students or have them walk to school before supervision begins. We also ask that if you are using the drop-off lane, that you remain in your car. This will keep traffic flowing. If you need to get out of your car, please park in the parking lot.

End of Day Pick Up

We are doing our best at the end of the day to ensure that students get to their busses on time, or for those that are picked up by a parent, that this happens safely. To reduce congestion, we ask that students and parents do not congregate at the front entrance so students can get to their bus or car without walking through a crowd. Students who are getting picked up by a car are asked to wait on the sidewalk in front of the Library. We also ask that students who are walking, biking, or scootering home, to leave the campus right away. Those waiting for late buses are asked to wait on the playground and to avoid the front entranceway.

Yearbook Reminder

Just a reminder to order your school yearbook early. The cost of the Yearbook is currently **\$50.00** if you order from the school office and pay before December 31st. The price of the yearbook will increase to \$55.00 after December 31st, 2024.



UPCOMING EVENTS



- September 16
 - Kindergarten First Full Day
 - Grade 6 Trip / Greendale Acres
- September 18
 - Bus Evacuation Training (Grades K-5)
- September 20
 - Casual Friday
 - Terry Fox Run Activities
- September 23
 - RTCS PAC Meeting (6:30 p.m.)
- September 24
 - Div. 2A, 23, 3E, 3W, 4 & 45A Trip to Lindeman Lake
- September 26
 - Orange Shirt Day @ RTCS
- September 27
 - Non-Instructional Day (School Closed)
- September 30
 - National Day for Truth & Reconciliation Statutory Holiday (School Closed)
- October 3
 - School Photo Day (Wear Black Uniform Shirts / Grades K-8)
- October 4
 - All Elementary Classes (K-5) Trip to Greendale Acres
- October 7-11
 - Interim Report Week (Grades K-8)
- October 11
 - Grade 7 Trip / Browne Creek Wetlands
- October 14
 - Thanksgiving Holiday (School Closed)
- October 18
 - Casual Friday
 - Early Dismissal (11:07 am)



Student Absences

School District #33 Chilliwack has implemented a new system for reporting student attendance. Please see the information letter in this newsletter regarding reporting student absences using the SafeArrival program.

School Photo Day



School photos will be taken in the morning on **Thursday, October 3rd**. All students and staff are requested to wear their **black** uniform shirts for photo day.

Orange Shirt Day

This month, Monday, September 30th, 2024 will be recognized across the country as the National Day for Truth and Reconciliation. Orange Shirt Day at activities at RTCS will take place on **Thursday, September 26th**. Please wear an orange shirt to honor the survivors of the residential school system, and to recognize the ongoing impacts today.

Medical Alert

If your child has a medical condition or allergy that may be life-threatening, or requires your son or daughter to use an EpiPen or Inhaler, please notify our office staff so that we are able to update our files with their correct information. Please provide the office staff with an up-to-date EpiPen or Asthma Inhaler that can be kept on hand should your child require its use while they are at school. Students who use prescription medication at school are required to have a Medical Alert Form completed and kept on file at the school office.



Permission Click Forms

At the end of August, the School District #33 Technology Acceptable Use Agreement form was sent out to all parents/guardians through **Permission Click**. It is important for all of our students, Grades K-8, to have this form completed in order for them to:

- Log-in to a school computer
- Use Student Wi-Fi
- Access any online services such as Office 365

In the next few weeks, we will also be sending out through Permission Click, the RTCS 2024-25 Media Parent Release form. These forms are required to be completed for all students yearly.



Super Reader Program

The Kiwanis Super Reader program is happening once again for grades K-5. All elementary students are eligible for prizes for every 25 nights read (or being read to) that are recorded on their "Reading Log". Reading Logs are found in student planners; a few classes have opted for the single page paper reading logs. Once students have completed 25 nights, they can bring their reading log to the library for a prize. There will be special presentations upon reaching 100 nights and 250 nights. The first date that can be circled in the planner is September 3rd.



Library Volunteers

Students from grades 5 to 8 are invited to apply to be a library volunteer. These students help with a variety of tasks, including shelving books, organizing displays, signing books in and out on breaks, and helping to run contests and special events. Grade 8 students that are consistent and reliable throughout the year are welcome to ask for a reference letter in June.



RTCS Leadership Update

This month, the RTCS Leadership class is raising funds for the Terry Fox Foundation. Here are ways you can support us!

Toonies for Terry:

Individual classes/homerooms will be collecting cash donations for “Toonies for Terry”.

Online Donations:

Visit <https://schools.terryfox.ca/RosedaleTraditionalCommunitySchool> to donate online to our school community (credit card, PayPal, Apple Pay). Donations of \$20.00 or more are receipted immediately by e-mail from the Terry Fox Foundation. Please note, RTCS does not issue tax receipts.

Krispy Kreme:

Pre-order forms for Krispy Kreme doughnuts will be sent home with students on **Monday, September 16th**. Each box is now \$20.00. Order forms will not be accepted after **Thursday, October 4th**. Orders will be delivered to classrooms on **Friday, October 11th** at the end of the day. Parents/Guardians will also be able to place Krispy Kreme orders and pay through their child’s Student QuickPay Account.

There will be individual doughnuts for sale on Friday, October 11th after school for \$2.00 each. All funds raised will be going to support the Terry Fox Foundation.

Field Trip Consent Forms

All student field trip consent / permission forms, (for all Grades K-8), are now required to be completed electronically – this applies to all field trips with or without a cost to them, and team sports consent forms. Parents simply need to login to their student quick pay account and locate the form under the Field Trip heading. Once you select the field trip form to be completed, fill out the required information, then click the submit button. If there is a cost for the field trip, the charge will automatically be added to your child’s account to be paid. Note: All fields on the consent/permission form must be fully completed or the form will not be submitted.

Attached to this newsletter are instructions on how to access Student QuickPay and complete online field trip consent forms.





September 2024

Dear RTCS Parents/Guardians:

We are excited to announce that we will have an Assistance Dog at Rosedale this year. Mrs. Moore is the handler to a fully certified Pacific Assistance Dog accredited by Assistance Dogs International. An exceptional dog, Gimli, a Black Labrador Retriever, has been bred and trained from 8 weeks old until two and a half, where he underwent extensive training that allowed him to be hand-picked to work with children. Gimli has worked recently with children at Little Mountain Elementary School for the last year and a half aiding in co-regulating with a wide variety of students during work time to help ease the stress that may accompany the expectation of work.

Gimli wears a cape when working, so it is important to know that he is off limits to be pet or greeted unless the handler (Mrs. Moore) gives him the command to say hello. Gimli only welcomes students when asked, and he can hug, lie, stay and relax on command, making him very predictable for the students. He will work as a social-emotional support dog in the classroom, building kind and caring friendships among classmates over a shared love for an animal. There will be rules around when to pet Gimli and how to utilize time with him. Gimli will only work 75% of his day, the other 25% he will be resting and enjoying a quiet break on his bed in the classroom.

We are notifying you as a courtesy as Gimli will begin attending RTCS with Mrs. Moore, working with a wide variety of students. If you have any questions or concerns, please email Mr. Fehlauer or Mrs. Moore as soon as possible.

Sincerely,

Mr. Fehlauer, RTCS Principal.

Ms. Charlie, RTCS Vice-Principal.

Mrs. Moore, Elementary Literacy Teacher.

CARE ~ ENGAGE ~ INSPIRE

SafeArrival Letter to Parents

September 13, 2024

Dear RTCS Parents/Guardians:

At School District #33 (Chilliwack), one of our greatest priorities is ensuring that all our students arrive safely at school each and every day.

To enhance our existing absence-checking procedure, we are introducing *a new, more efficient* student absence reporting system called **SafeArrival**. This new system will reduce the time it takes to verify student attendance, make it easy for you to report your child's absence and easy for staff to respond to unexplained student absences.

With **SafeArrival**, you are asked to report your child's absence in advance using any of these 3 convenient methods:

- 1) Using your mobile device, download and install the **SchoolMessenger app** from the Apple App Store or the Google Play Store (or from the links at <https://www.sd33.bc.ca/safe-arrival>). The first time you use the app, select **Sign Up** to create your account. Select **Attendance** then **Report an Absence**.
- 2) Use the SafeArrival website, <https://www.sd33.bc.ca/safe-arrival>. The first time you use the website, select **Sign Up** to create your account. Select **Attendance** then **Report an Absence**.

Call the toll-free number **1-833-698-6567** to report an absence using the automated phone system.

These options are available 24 hours/day, 7 days a week. Future absences can be reported at any time.

In addition, we will use the **SchoolMessenger Communicate** automated notification system to contact parents whose child is absent when the absence was not reported in advance. The automated notification system will attempt to contact parents at multiple contact points until a reason is submitted for the absence. If our system is unable to reach the designated contacts, office staff will follow up.

If you report your child's absence in advance using the **SafeArrival** toll-free number, website or mobile app, you will NOT receive these notifications.

Starting **Monday, September 16, 2024**, please report absences in advance using **SafeArrival** instead of sending notes or calling/emailing the school.

Starting immediately, school staff will begin using the **SafeArrival** notifications to let you know if your student is absent (when you haven't reported the absence in advance).

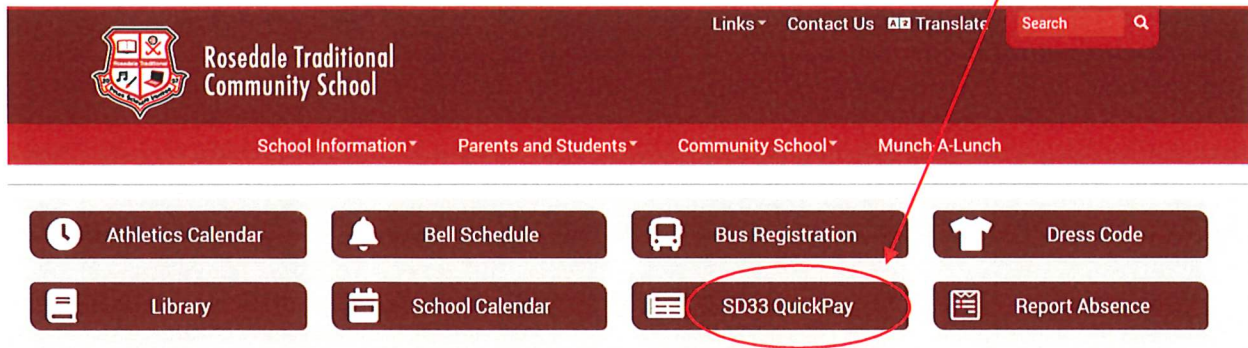
If you have children attending other schools, please continue to report absences using the existing procedures for those schools.

Thank you for your patience and cooperation as we implement this new system.

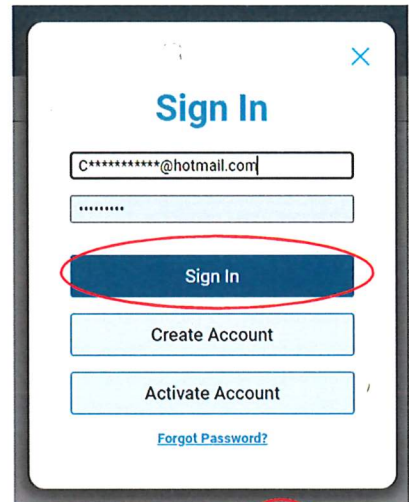
Student Quick Pay & Field Trip Permission Forms

To pay for your child's student fees or fill out a field trip permission form for your child on [Student Quick Pay](#), please follow the steps below:

Open Rosedale Traditional Community School [website](#). Click on "SD33 QuickPay".

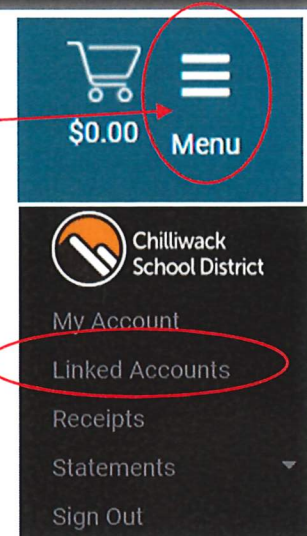


Click "Sign In" or create a new account.



For parents creating a new account:

Once you have created your account or signed in click on the "Menu" button.



Click "Linked Accounts"

Click "Add Students"

Add Students

Your child's student number can be found on their Student ID Card.

(Example: 1234567)

If you are having trouble finding your child's student number, you can call the RTCS office or email rtcs-finance@sd33.bc.ca

Enter in your child's last name.

Add Students

For each student you would like to add to your account, complete the information below and click Add Student.

Student ID

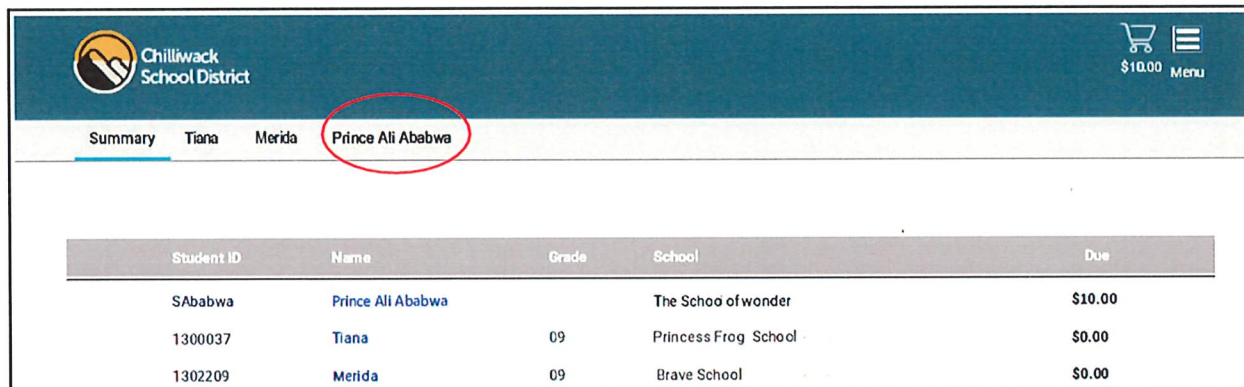
Last Name

Add Student

Click "Add Student"

***Repeat for all the students in your household that attend a Chilliwack School District school.

You should now see your child's account. Click on your child's name.



The screenshot shows the Chilliwack School District account interface. At the top, there is a navigation bar with the district logo and a shopping cart icon showing a balance of \$10.00. Below the navigation bar, there are tabs for "Summary", "Tiana", "Merida", and "Prince Ali Ababwa", with "Prince Ali Ababwa" selected and circled in red. The main content area displays a table with the following data:

Student ID	Name	Grade	School	Due
SAbabwa	Prince Ali Ababwa		The Schoo of wonder	\$10.00
1300037	Tiana	09	Princess Frog School	\$0.00
1302209	Merida	09	Brave School	\$0.00

At the bottom of your screen click on "Field Trips" Then click on your child's permission form.

The screenshot shows the Chilliwack School District website interface. At the top, there is a dark teal header with the district's logo and name. Below this is a navigation bar with tabs for "Due Now", "Future Charges", "Paid", and "Completed Forms". The "Due Now" tab is selected and underlined. A blue banner below the navigation bar reads "The School of Wonder". Underneath, the school year "2023/2024" is displayed. The page is organized into sections: "Athletics" with items "2023/24 Athletic Fee: Carpet Racing" and "2023/24 Carpet Racing Tournament"; "Donation" with "2023/24 PAC Donation"; and "General" with "2023/24-Yearbook (Optional)". At the bottom, there is another navigation bar with tabs for "Optional Items", "Field Trips", "EVENTS", and "Athletic Permission Forms". The "Field Trips" tab is circled in red and underlined. Below this navigation bar is a blue box with a bus icon and the text "FIELD TRIP". Underneath this box is a white box containing the text "Cirque du Soleil" and "2023/2024".

Chilliwack School District

Due Now Future Charges Paid Completed Forms

The School of Wonder

2023/2024

Athletics

2023/24 Athletic Fee: Carpet Racing
2023/24 Carpet Racing Tournament

Donation

2023/24 PAC Donation

General

2023/24-Yearbook (Optional)


Optional Items Field Trips EVENTS Athletic Permission Forms

FIELD TRIP

Cirque du Soleil
2023/2024

Read through the consent form and fill in the required fields. Click Submit.

Once Submitted, the field trip fee will be added to your student quick pay account for payment.

Parental Consent			
Student Last Name	Student First Name	Student ID	Student Care Card #
<input type="text" value="Ababwa"/>	<input type="text" value="Prince Ali"/>	<input type="text" value="123456789"/>	<input type="text"/>
Medical Information (please include any medical or health concerns)			
<input type="text"/>			
Parent/Guardian Name	Parent/Guardian Cell Phone #	Parent/Guardian Work #	
<input type="text"/>	<input type="text"/>	<input type="text"/>	
Alternate Contact Name	Alternate Contact Phone #		
<input type="text"/>	<input type="text"/>		
<input type="checkbox"/> I give permission for my student to participate in the field trip above. I understand that my child may be exposed to certain risks while participating in this activity and that accidents and injuries may occur.			
Parent/Guardian Signature			
<div style="border: 1px dotted black; height: 100px; width: 100%;"></div>			
<input type="text" value="dd-MMM-yyyy"/> 			
<input type="button" value="Cancel"/>		<input type="button" value="Submit"/>	

You can now select the charges you would like to pay.

Due Now Future Charges Paid Completed Forms

The School of Wonder

2023/2024	Fee	Paid	All Adj	Due	In Cart
Field Trip					
Cirque Du Soleil	\$5.00	-	-	\$5.00	<input checked="" type="checkbox"/>


Then click the "shopping cart" at the top of your page




Enter payment information and hit Submit.

Payment Method

Credit Card



INTERAC® Online



Pay by Credit Card

Cardholder Name

Credit Card Number

Expiration Date
01 (Jan) / 2023

CVD (# on back of card)

Payment Amount: \$5.00 CDN

RTCS PAC NEWSLETTER

SEPT
2024



This Week

WELCOME BACK BBQ

PAC & RTCS staff are hosting a BBQ on Sept 11 from 5-7. We're thrilled to have you here for an evening of great food, friendly faces, and fantastic company. This is a wonderful opportunity to connect with fellow parents, meet the teachers, and learn more about our PAC community. Grab a plate, enjoy the delicious BBQ, and let's make this a memorable start to the school year.

UNIFORM SWAP

Join us for our this great opportunity to exchange gently used uniforms and save on back-to-school expenses! Bring in the uniforms your kids have outgrown by end of day Sept 11, and swap them for sizes that fit. The swap will take place at the Welcome BBQ on. It's a fantastic way to support our school community and promote sustainability.



Welcome

Welcome to a new school year! We're excited to kick off another fantastic year of learning, growth, and community. We have many engaging events and opportunities planned, and we look forward to partnering with you to support our students and teachers. Here's to a year full of success, fun, and new friendships. Let's make it the best one yet!



Breakfast Club

We need volunteers for our School Breakfast Club! If you can help serve breakfast and brighten our students' mornings, please get in touch. Whether you can commit weekly or monthly, your support is appreciated. Thank you! Please email rtcs-pac@sd33.bc.ca to sign up.

Upcoming PAC Meetings

Meetings are held in the school library @ 6:30pm

- September 23rd 2024
- October 28th 2024
- November 25th 2024





RTCS Multicultural Awareness Calendar

We are privileged to be a multicultural community here at Rosedale Traditional Community School. We hope to learn from each other about the important days we recognize throughout the year. Each month, we will share a list of days typically found on our Canadian calendar but let us know of any others your family celebrates. Together, let's nurture a culture of kindness and acceptance at RTCS!

SEPTEMBER 2024

Date	Celebrations and Recognitions
August 16 - Sept. 14	Sockeye Salmon Time (Chilliwack, BC)
Sept. 2	Labour Day (Canadian day of celebration of workers and advocates for their rights and privileges.)
Sept. 6	Ganesh Chaturthi (Hindu celebration)
Sept. 9-10	International Literacy Day
Sept. 11	Enkutatash (Ethiopian New Year)
Sept. 14	Mawlid al Nabi (Muslim celebration of Muhammed)
Sept. 16-23	Sukkot (Jewish celebration of Festival of Tabernacles)
Sept. 17	Mid-Autumn Festival (Moon Cake Festival)
Sept. 21	UN International Day of Peace
Sept. 22	Autumn Equinox (The first day of fall and one of two days that has approximately equal amounts of day and night.)
Sept. 23	International Day of Sign Languages and International Week of the Deaf
Sept. 30	National Day for Truth and Reconciliation (A Canadian day to honour the children who never returned home and survivors of residential schools, as well as their families and communities.)



The RTCS Multicultural Committee welcomes your feedback! Please contact our English Language Learners support teacher, Karla Buxton (karla_buxton@sd33.bc.ca).

Rosedale Traditional Community School Society (RTCSS) Fall 2024

RTCSS follows all PHO in addition to the Ministry of Education Direction around communicable disease plans. Please email if you are uncertain if there are new restrictions.



Web: www.rtcss.ca
RosedaleTraditionalCommunitySchoolSociety(rtcss)

     Check us out on Facebook!

Office Hours:
Monday-Thursday 8am-5pm
Friday 10am-4pm

50850 Yale Road
Rosedale BC V0X 1X2
Phone: 604 378-0300
Email: rtcss@rtcss.ca
www.rtcss.ca

RTCSS Membership

Members of the society consist of any person enrolled in a RTCSS program. When participant is under the age of 16, parent or guardian will be considered a member of the society. Memberships are at no charge when enrolled in a program.

Party Rentals

\$100 for two hours

Includes:

Multipurpose room
Kitchen
Small gym with equipment



Payment due upon booking

Looking to host a large gathering, business meeting or a sports camp? We have the space for you. Contact us today for custom rentals.

All rentals are booked through email.
Please email rtcss@rtcss.ca to enquire about availability and cost.



Fall 2024 Preschool Registration

3 year old class (Must be 3

Aug 2024)

Tuesday/Thursday

9:00am-11:00pm

Cost: \$150/month

less FR \$38

Limited Space still open

Tea and Tots

Parent/tots drop in social
Wednesdays 9:30-11am

Parents are welcome to drop in to a play-based interactive space. Meet other parents and create new relationships and healthy attachment. Our program is led by an experienced Early Childhood Educator who will create a safe, inclusive environment for all! Tea, coffee and water will be available.

Starts October 2nd

"Time spent playing with children is never time wasted."

Don Lantero

Pre-registration required-FREE!



Music Lessons

All levels welcome. Lessons are once a week for
1/2 hour

Guitar:

Mondays \$23 per 1/2 hr lesson

Piano:

\$19 per 1/2hr lesson

Fall 2024 Afterschool Care

Limited Spaces available

Full Time

Part Time



4-6 years

Tiny Cooks

4-5yrs

For children who love to help in the kitchen. Children will work together to complete a recipe item to take home and share with mom and dad, or perhaps eat it before it gets there!

Thursdays 2:15-3:15pm
Nov 21-Dec 12 \$60



Little Einstein

4-5yrs

The perfect combination of science and art. Each week children will participate in age appropriate science experiments in conjunction with an art project.

Thursdays 2:15-3:15pm
Oct 17-Nov 14 (no Oct 31) \$60



Imagination Sparked

4-6yrs

Young children discover theatre Immersed in engaging and active games, young actors start to learn some techniques and skills.

Mondays 5:30-6:30pm
Nov 4-Dec 16 \$50

Funding Acknowledgement

This venture has been made possible due to a partnership between School District #33 and the City of Chilliwack. RTCSS would like to gratefully acknowledge funding received by the City of Chilliwack.



6-11 years

Young Artist

6-9yrs

Designed for the young artist at heart. This program will explore the world of art through a variety of mediums.

Wednesdays 2:15-3:15pm
October 23-Nov 13 \$60



Chef's In Training

7-11yrs

Hands on program. Each week students will make dishes to take home and share with mom and dad, or perhaps eat it before it gets there! New recipes are shared in each session.

Thursdays 3:30-4:30pm
Nov 21-Dec 12 \$70



Mad Scientists

7-11yrs

Do creative science experiments exploring your imagination with hands-on fun. Don't forget to wear clothes appropriate for messy fun!

Thursdays 3:30-4:30pm
Oct 17-Nov 14 (Oct 31) \$70

Creative Drama

7-11yrs

Through play and imagination, students are introduced to the "behind the scenes" world of theatre and the role of costumes, sets, props, and more.

Tuesdays 5:30-7:00pm
Nov 5-Dec 10 \$70



Short Play/Skit Ensemble

4-11yrs

Using different stories as inspiration, students build pieces that help bring that world to life. Students learn elements of design thinking and problem solving, and the balance of safety and play in a building environment is emphasized.

Wednesdays 5:30-7:00pm
Nov 6-Dec 11 \$70

10+ years

At Home Alone

10+yrs

This is an interactive, participatory program that is designed to teach children to make safe choices while At Home Alone.

Friday 9:00am-1:00pm
Nov 1 \$40



Pro D Day Classes

Babysitters Training

11+yrs

Learn about your rights and responsibilities, how to care for a child and how to deal with emergency situations. You will receive a certificate at the end of this Canadian Safety Council Babysitters Course.

Friday 9:00am-4:30pm
Nov 8 \$50

Starting October 4th

Friday Fun Zone Grades 3-5

Looking for a place to hang Friday Nights? Come with your friends and check out the many activities offered!

Fridays 6:30-8:00pm
\$3.00

IMPORTANT INFORMATION

Friday Fun Zone Pre-Registration

Parents of ALL participants MUST complete a registration form with contact information before attending. Please email office for a link to online registration.

Weekly pre registration is mandatory.
Email rtcass@rtcass.ca for a registration link.

Adult Programs

Yoga

Hatha Style Yoga class using postures (asana) and stretches in combination with the breath to develop flexibility and encourage proper alignment of the body and bring balance, strength, and calmness. Hatha Yoga classes are based on the classic and ancient practices with attention to alignment and the deeper layers of yoga. Some flow of movement and core work may be included. Suitable for all levels Bring yoga mat & water!

Tuesdays 6:30-7:30pm
Oct 1-Dec 3 \$120
Drop In \$15



Drop In Sports-\$3

Pickleball Tuesdays 6:00-8:00pm

Badminton Thursdays 7:00-9:00pm

Starts the week of September 9th

Register for programs by emailing
rtcass@rtcass.ca

Youth Night

Grades 6-8

Once a month

Special events!

HOCUS
FOCUS



Halloween Fun!

October 25th

8:30-10pm

Keep immunizations up to date

You can check the immunization records of your child or the child in your care one of these ways:

- Scanning this QR code
- Going online to HealthGateway.gov.bc.ca
- Using the Health Gateway app



Records for children under 12 years old are on their parent's account. Children 12 years and older need to log in to their own accounts to see their records.

How do I get vaccines for the child?

You can make an appointment for immunization at a public health unit. Please call:

- 604-702-4906 if you live in Mission, Abbotsford, Chilliwack, Agassiz, or Hope
- 604-476-7087 if you live in any of the other communities of Fraser Health



If you prefer, you can make an immunization appointment with a doctor, nurse practitioner, or pharmacist. Call ahead and ask if this service is available.

All routine vaccines are free in British Columbia.

What if the child had vaccines, but they are not on their immunization record?

If vaccines were given by a family doctor, nurse practitioner, or pharmacist, they might not be on the child's immunization record. If the record is missing vaccines, please do the following:

1. Contact the health care provider that gave the immunization and ask for a copy of the immunization record.
2. Report these immunizations by either scanning this QR code or by going to FraserHealth.ca/immunizationform



For more information go to FraserHealth.ca/immunize or call your local public health unit.



Public Health Units					
Abbotsford 604-864-3400	Agassiz 604-793-7160	Burnaby 604-918-7605	Chilliwack 604-702-4900	Cloverdale 604-575-5100	Guildford 604-587-4750
Hope 604-860-7630	Langley 604-539-2900	Maple Ridge 604-476-7000	Mission 604-814-5500	New Westminster 604-777-6740	TriCities (Port Moody) 604-949-7200
Newton 604-592-2000	North Delta 604-507-5400	North Surrey 604-587-7900	South Delta 604-952-3550	White Rock 604-542-4000	

Parent and Caregiver Newsletter for Elementary School Children



Circle OF SECURITY

A research and relationship-based program that takes much of the guess work out of being a caregiver; improving confidence in recognizing your child's emotional, relational needs; and providing information to help interpret your child's behaviour.

8 Part Series

**Central Elementary Community School
Bottom Floor**

Sept 25

Oct 2, 9, 16, 23, 30

Nov 6, 13

9:30 - 11:30 AM

Childminding included



REGISTER

NOW



**Chilliwack
School District**



CHWK
COMMUNITY SERVICES



3 PART SERIES

REGISTER
NOW



EMOTIONAL ADAPTABILITY

THURSDAYS
OCTOBER
3, 10, 17

When we mix our emotions with experience of others, with updated wisdom about our past stories, and upgraded skills, we become more comfortable and more confident with emotional complexity. In this workshop we explore and re-establish friendly relations with our kids and our 6 big emotions; Joy, Fear, Sadness, Anger, Shame, and Curiosity.

Unsworth Elementary Annex
9:30 - 11:30 AM

CHILDMINDING INCLUDED





Chilliwack
School District



CHWK
COMMUNITY SERVICES

ANGER CPR

Gain awareness of the emotional roots to anger, the difference between anger and aggression, and the steps that take us from frustrated to furious or adaptation. Discover useable ideas about taming tantrums and minimizing meltdowns, yours, and your child's.



**REGISTER
NOW**

3 PART SERIES

OCTOBER 24, 31

NOVEMBER 7

THURSDAYS

9:30 - 11:30AM

Leary IAT Elementary



FRIDAY FUN ZONE

\$3 Admission
Concession open

GRADE 3-5

6:30PM - 8:00PM
EVERY FRIDAY

GRADE 6-8

8:30PM - 10:00PM
OCTOBER 25TH

OCTOBER ACTIVITIES

October 4th: Welcome Back Dance Party
October 11th: Man Tracker Game Night
October 18th: Fear Factor Challenge
October 25th: Halloween Haunted House

Limited space, pre-registration
is required.

Please email rtcsc@rtcsc.ca for
registration link.

50850 Yale Rd, Rosedale
(604)_378-0300





GET IN TOUCH

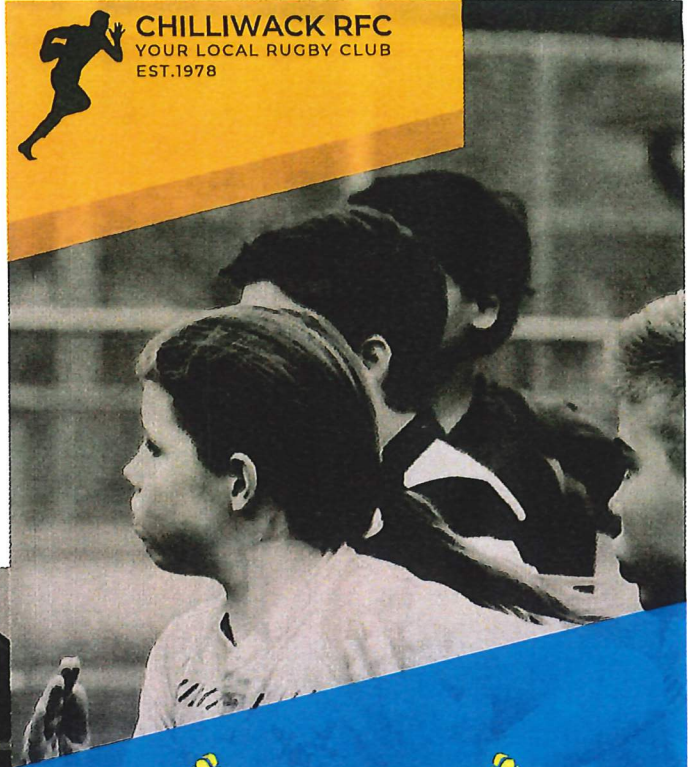


✉ info@chilliwackrfc.com

☎ 604-703-8651

🏠 3636 Savoy Rd. Chilliwack BC

[WWW.CHILLIWACKRFC.COM](http://www.chilliwackrfc.com)



OUR DIVISIONS

MEN'S/WOMEN'S

Chilliwack Crusaders Hosts Mens and Womens 2nd division teams. Our adult divisions run from September until April, with registration beginning in August. Practices are Tuesdays and Thursdays, with games on Saturdays

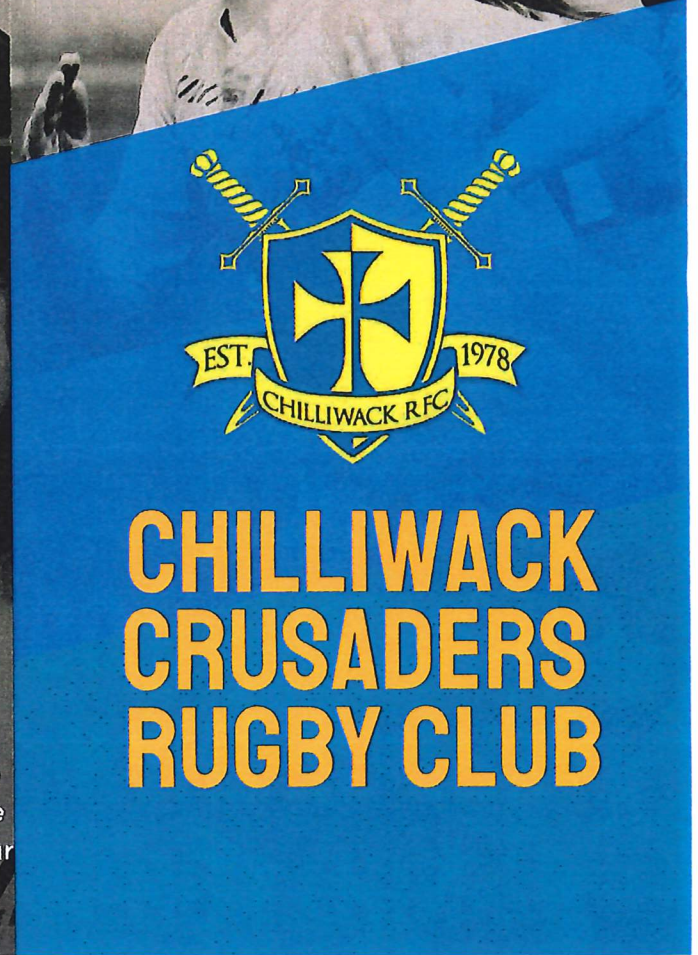
YOUTH

Chilliwack hit the ground running with our newest division during the 22/23 season! While we currently have a minis team(4-12) we are beginning intake for u14 and u16 divisions. U14 and u16 season begins in September and will run until finals in December. Practices are held Tuesday and Thursday from 430pm to 6pm. Minis will run tentatively Mondays and Wednesdays, both youth divisions will have their games on Sundays.



CHILLIWACK RFC WELCOMES ALL

If you're considering rugby, please don't hesitate to reach out and drop us a line! We welcome everyone regardless of skill to find their second family with our Club!



CHILLIWACK CRUSADERS RUGBY CLUB

**ISN'T RUGBY
DANGEROUS
THOUGH?**

**NOT ANY MORE DANGEROUS
THAN HOCKEY!**

Sometimes people or parents turn away from rugby thinking its too extreme a sport. While it is a contact sport, it isn't any worse than hockey, lacrosse or football. The World Rugby and Canadian Rugby union have strict rules and regulations in place to make sure all clubs regardless of their level, are practicing safe tackle form to prevent injury and concussions. For any parents interested in rugby, children aged 4-10 only participate in flag non-contact rugby. Adults interested in trying rugby can also participate in non contact training sessions or "buggers" (flag rugby) before committing to anything!

ABOUT OUR CLUB

THE CHILLIWACK CRUSADERS RUGBY CLUB

was founded in 1978 to promote the sport of rugby in the Upper Fraser Valley.

We like to put our focus first on developing a supportive environment, while also fostering your unique skills and abilities. Everyone has a place here and is important to the team!

We encourage the physical and emotional development of Men, Women and Youth through team sports.

Over the years our club has formed relationships with the local Middle and High Schools, providing organizational support, coaching, referees as well as giving our youth an opportunity to grow into a club when they graduate out of their School programs.

The Crusaders are proud to see our Women's division into their 3rd year as well as our newest Mini's/Youth division who just completed their first Spring 22/23 season! With so much growth and development in the last 3 years, we are excited to establish our club as a reputable team that Chilliwack can be proud of!

**SO I THINK I
WANT TO TRY IT
OUT, WHERE DO I
START?**



**CHECK US OUT ON
OUR WEBSITE!**

We have a brand new website with information about each division and their respective registration times, cost and training dates!